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## Frustrated and fed up

Winter weather is leading to shortened tempers among Haligonians. **PAGES 3 & 13**

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## METROTALKS

Conversations with Canadian leaders

### Thomas Mulcair speaks out

JUSTIN TRUDEAU

**'Trudeau's priority is Justin Trudeau.'**

STEPHEN HARPER ON ISLAM

**'It's beneath contempt.'**

OUR COUNTRY

**'Toronto is Canada's most important city.'**

#### PLUS:

- Mulcair beards Harper • Mulcair's wife: he's shy
- Chantal Hebert on NDP's urban plan, **pages 8, 9, 13**



## 'It's a big loss'

**Death.** Province mourns loss of Dartmouth MLA



HALEY  
RYAN

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Liberal MLA Allan Rowe has died, a man the premier of Nova Scotia will remember as a "true gentleman in every sense of the word."

On Monday, Premier Stephen McNeil announced Rowe, the representative for Dartmouth South, had died earlier that morning. He was 59.

"It's a big loss for our party and for our community. I believe Allan had the characteristics and the mannerisms that all of us should aspire to," McNeil said in an interview.

Rowe was hospitalized three weeks ago from a ruptured aneurysm and had been in intensive care.

Elected to the legislature for the first time in 2013, Rowe was also the government caucus whip following a lengthy career as a radio and television news broadcaster, most notably at Global Halifax.

"He was a gentleman in every sense of the word. The way he responded to people,



Allan Rowe CONTRIBUTED

the way he listened to people, the way he respected other people's points of view," McNeil said.

Rowe was born in Hamilton and attended McMaster University before moving to Newfoundland to attend Memorial University, where he accepted a position at the school of medicine.

"I can tell you when he stood in the House and spoke, how it wasn't just his voice but it was the way he spoke from the heart," McNeil said.

The premier said he and his caucus are coming to terms with Rowe's passing, and the focus in the coming days will be to give his family "as much love and support as we can."



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# Exhaustion gives way to rage for weather-weary residents

**Even more snow.**  
'Cabin fever' in Halifax causing some short tempers, say police

MADISON  
BLANCHARD  
halifax@metronews.ca

As Halifax cleans up from yet another winter storm, the collective mood of the city can be described in simple terms.

"People are frustrated and tired," said Const. Dianne Woodworth of Halifax Regional Police on Monday.

Woodworth said it's once again difficult to get anywhere in the region, contributing to the atmosphere of frustration.

"Everything is hard; traffic is delayed; you can't walk too far," she said.

The weather has people developing "cabin fever," which can lead to shortened tempers, Woodworth said. She cited a verbal dispute she was called to recently between a man and a snowplow driver.

"(The plow driver) said he was plowing the sidewalk, and a gentleman had come out and started yelling at him because the snow got onto his driveway and blocked the cars from getting out," Woodworth said.

Eventually the man calmed down when spoken to by the officer, saying he was just frustrated with the snow.

"It seems people are just fed up with not being able to go anywhere and they're used to being able to walk, bike, run, and you have all this pent-up energy and it has nowhere to go," Woodworth said.

And it isn't quite over yet.



A sidewalk snowplow tries to make some headway on Sackville Street in downtown Halifax on Monday. JEFF HARPER/METRO

## Quoted

**"The poor snowplow drivers, they're getting yelled at and have nowhere to put the snow."**

Const. Diane Woodworth of Halifax Regional Police

Another storm is expected for Wednesday, though Environment Canada is quick to point out they don't know exactly

how much more snow the city and rest of the province could be getting.

"We use a forecasting

numerical computer, like a bottle model, to help predict weather systems," said meteorologist Tracey Talbot.

The machines use math to predict weather systems but they can't always give an exact prediction on any given day, Talbot noted.

Right now, Talbot said, all models indicate a storm will pass over New England before

going over the southern part of Nova Scotia.

"There isn't a lot of agreement over what that means in terms of snowfall for Nova Scotia," she said.

Talbot said they should know more early on Tuesday as the system develops.

"Hopefully we get a consensus on what scenario will happen," she said.

## Airport delays, cancellations pile up with the snow drifts

Bus users, pedestrians and drivers aren't the only ones having a rough commute after this latest storm.

Flights were cancelled Sunday and many were delayed Monday after parts of Halifax received as much as 35 centimetres of snow from Sunday's storm.

Days like this at the airport have become quite com-

mon in the last month, with Halifax receiving snow storm after snow storm.

"It's a different sort of winter than last year, when it was more spread out," said airport spokeswoman Ashley Gallant.

Though they don't have statistics yet on whether this is a worse winter than the previous one in terms of de-

lays, the last few weeks have seen many recovery days.

On Monday, most flights outside the Maritimes were getting in the air, while there were still significant delays for any flights coming in or leaving the province.

"(Sunday) had a significant impact on travel," Gallant said.

MADISON BLANCHARD/FOR METRO



A pedestrian makes her way past a snow-covered bicycle on Brunswick Street. JEFF HARPER/METRO

# Taking the air fight to new heights

**Court.** Hungary-born Gabor Lukacs is not happy with Canada's airline industry and has launched a constitutional challenge

## No comment

The Transportation Agency didn't immediately respond to an email about Lukacs's challenge. Air Canada declined comment.

A Halifax man who has been a thorn in the side of Canada's airline industry is taking his crusade to the next level.

After years of bringing complaints against the airlines before the Canadian Transportation Agency, Gabor Lukacs is challenging the operations of the agency itself.

The mathematician has launched a constitutional challenge against the regulator, claiming its failure to disclose evidence received while reviewing passenger complaints is a violation of the open court principle in the Charter of Rights and Freedoms.

It's the latest in a series of battles with the airlines that are increasingly taking over his life.

In recent years, Lukacs has been responsible for increasing the compensation Canadians receive when they are bumped by overbooking. Air Canada, Porter and Air Transat are among the airlines whose

policies have changed because of Lukacs's complaints.

But the 32-year-old admits he's surprised to find his life has taken this direction. Born in Hungary, Lukacs came to Canada at the age of 16 and earned his PhD in mathematics at York University in Toronto. His academic career includes stints teaching at Nova Scotia's Dalhousie University and the University of Manitoba.

His frustrations with Canadian airlines began when he started travelling for his academic work.

"I didn't realize that people so badly hate Air Canada," he said.

"If you want one national religion, which kind of transcends any kind of faith, it's, you know, maple syrup, hockey, and hate Air Canada."

Since 2009, Lukacs says the Canadian Transportation Agency has made 26 decisions in cases he started, and he has won 24 of them.

Lukacs's advocacy for passengers' rights is less about his personal experiences, he said, and more about seeing an area where he feels he can make a positive change for Canada.

"It really looks like it takes somebody who wasn't even born in this country to say, 'OK this is wrong,'" he said.

Canadians now reach out to him with their air travel frustrations. He said he gets emails every week from passengers looking for advice.

On Tuesday, Lukacs will be at a Halifax court making the constitutional challenge that was sparked when he was looking into a case where passengers were bumped from a connecting flight. The passengers said they made it to the gate on time, while the airline said they were late and had given away their seats.

Lukacs said he tried to get documents from the Canadian Transportation Agency to better understand the complaint, but what he received was heavily censored.

"What I've been seeing is over the last years is a complete degradation of the agency's work and the development of this ... smokescreen kind of secrecy around how things are being done," he said.

THE CANADIAN PRESS



Gabor Lukacs stands outside of the Manitoba law courts in Winnipeg on January 20, 2011. DAVID LIPNOWSKI/THE CANADIAN PRESS

## Oval extends its outdoor skating season into weekend



Skaters take to the Emera Oval earlier this month. JEFF HARPER/METRO



STEPHANIE TAYLOR  
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If you missed your chance to go skating at the Emera Oval in Halifax this winter, count your lucky stars because you'll have another chance to lace up through the weekend.

On Monday, a city spokes-

woman confirmed the oval's season has been extended to Saturday from 7 p.m. to 9 p.m., and Sunday from 10:30 a.m. to 12:30 p.m.

Oval staff selected the original closing date set for March 20 — the first official day of spring — months ago, said Jennifer Stairs, but after looking at this weekend's weather forecast they decid-

ed to add in two extra bonus skates.

"We're lucky to be able to get those extra ones in," she said, adding that the two extra skates are still "weather-permitting" — one reason not be wishing for sunnier skies.

"You got to look at the upside, and we're making the best of it," Stairs joked of the

city's recent cold snap.

"If we can get a few more skates squeezed in there and have some more people out towards the end of March break than that is a good thing in our eyes."

The oval is wrapping up its fifth season on the Halifax Common.

The season begins in December.

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## SIRT

### Police watchdog clears Halifax officer after woman's arm broken in custody

Nova Scotia's police watchdog says a Halifax police officer used reasonable force in attempting to control a woman whose arm was broken as she waited for a psychiatric assessment.

A report by the Serious Incident Response Team says the incident occurred at a Halifax hospital following an arrest in August 2014.

The 51-year-old woman

was taken into custody under the Involuntary Psychiatric Treatment Act after she was found yelling and screaming in the parking lot of a store in the Dartmouth Crossing shopping area.

Investigators say the officer stayed with the woman, who became upset while waiting for medical attention at the hospital.

The report says a hospital video surveillance camera captured the struggle as the officer attempted to control the woman by placing handcuffs on her.

The report says while force was applied, the video

confirms the officer's actions were reasonable and there are no grounds to consider charges.

THE CANADIAN PRESS

## Border

### At least a dozen vehicles involved in highway crash

As many as 12 vehicles were involved in a multi-vehicle crash near the Nova Scotia-New Brunswick border on Monday morning.

Sgt. Alain LeBlanc, media relations officer for the

Nova Scotia RCMP, said several calls about the crash were received at 11:20 a.m. The crash involved two tractor trailers and a police cruiser, along with several other vehicles.

Two people were taken to hospital with undetermined injuries, but it's not believed any of the injuries were serious.

LeBlanc said a police cruiser was rear-ended in the crash but the officer was not in the vehicle at the time.

The crash occurred within 100 metres of the border with New Brunswick.

CUMBERLAND NEWS



# Businesses expecting to rake in the green

## St. Patrick's Day.

City's Irish pubs banking on early lineups and big turnouts as they gear up for the annual festivities

ERNESTO CARRANZA  
halifax@metronews.ca

The owner of the Old Triangle Irish Alehouse is once again expecting a big turnout for St. Patrick's Day on Tuesday.

As in years past, Brian Doherty said the festivities begin at 7 a.m. sharp.

And as in years past, he said, the party will go on all day and all night.

"We have fun," said Doherty, who has co-owned and operated the bar for 15 years.

"It is a tradition we keep because we understand that some people like to come in for breakfast or brunch and take part in the atmosphere before they head out for work."

Michael Carey, manager at Durty Nelly's Authentic Irish Pub up the road on Argyle Street, is also gearing up for a big day and is expecting the lineups to start at 6 a.m.

Durty Nelly's will also



Inesa Manaj touches up the paint on model Emily Smith at the Old Triangle in Halifax. METRO FILE

open at 7 a.m. with a breakfast and brunch.

"We're an authentic Irish pub that offers an authentic Irish experience and people come in for that type of experience," Carey said.

"Our patrons know we offer up a great atmosphere with our live music and great food."

Carey has worked at

## Quoted

**"I will be playing music with my fellow musician Keith Evans and our customers will come out just to take part in the festivities we have planned."**

Brian Doherty, co-owner of The Old Triangle Irish Alehouse

Durty Nelly's for six years and said he has seen all kinds of weather during his time

there for St. Patrick's Day, and he doesn't think all the snow the city has received

will stop patrons from coming and taking part in the once-a-year experience.

"We had one day where it was 17 C and people were out in their green T-shirts and shorts," he said. "I don't think the snow is going to stop anyone from coming in and having a meal and listening to the live music with their friends."

## Amherst. Bar loses licence for overserving

A business in Amherst will lose its liquor and lottery licences for a day after two patrons got so drunk they couldn't walk.

In April 2014, a provincial inspector observed security escorting a woman so drunk she was unable to walk under her own power, from Dooly's Dining Room and Lounge. The woman was reportedly served a beer and three shots and began staggering within 30 minutes, bumping into other patrons and at one point trying to drink somebody else's beer.

That same evening, an inspector attempted to speak to an unresponsive man slouched on a stool. Friends later helped the patron out of the building.

Surveillance footage showed the man being served four shots of liquor in little more than an hour. The man was also served several other alcoholic beverages, one of which he was drinking on the dance floor before falling over, collecting himself onto the stool and then putting his head down.

As a result, Dooly's Dining Room and Lounge will be closed on Saturday, a date chosen by the establishment.

The suspension of the liquor and lottery licence means the business can stay open for food sales and use of the pool tables, but no liquor will be served that day and use of the video lottery terminals is prohibited. CUMBERLAND NEWS

# Mounties investigating series of vehicle thefts

The RCMP in Nova Scotia are investigating after a string of vehicle thefts over the weekend.

Police say officers in Digby first responded to reports that a vehicle was stolen from Second Avenue on Saturday between midnight and 7 a.m.

Luckily, the missing vehicle was located on Prince William Street after police say it was driven into a snowbank. The RCMP say there are no suspects for the



Nova Scotia

alleged theft.

A second vehicle was almost stolen the same day when police say two suspects tried to break into a vehicle on Prince William Street, but were scared off by the homeowners.

Police allege that they then went next door, stole a 2010 Chevy Silverado pickup truck and ditched it in the snow near Gilbert's Cove, where it was later recovered.

Both vehicles had keys in

them at the time they were stolen. Police also say that a small amount of money was taken from two other unlocked vehicles parked on King Street. METRO

## Information

The RCMP are asking residents with any information on the thefts to contact:

- Digby RCMP at 902-245-2575
- Crimestoppers at 1-888-222-8477

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## Get a load of this: March Break doesn't mean we get a break in the cold weather

A front-end loader works on clearing a large amount of snow from Citadel Hill on Monday after Sunday saw another heap dumped on the region. Sadly, Environment Canada is calling for more snow Tuesday night into Wednesday morning. **JEFF HARPER/METRO**

# University support line goes beyond call of duty for students

**Education.** Acadia's Maya Basa has created a phone service that offers stressed-out students a friendly ear

Students at one university in Nova Scotia have an extra resource to help manage their exam stress and everyday pressures of life thanks to a new peer support phone line. Maya Basa is a fourth-year

business and employment relations student at Acadia University and also president of the school's new peer support line, which she says started as an idea between friends nearly a year ago.

It began after she noticed that when people are confronted with an issue or undergo a troubling event, they often reach out to their "informal networks" of peers for support rather than seek professional help.

"It can be really difficult,"

### Quoted

**"A huge part of what you really need is someone to just listen to you and be able to talk it out."**

Maya Basa, president of a peer support line at Acadia University

Basa said on Monday.

Friends can feel burdened because they often lack the knowledge or resources to provide mental-health support or deal with a friend's exhaustion or loneliness, she said.

So Basa and others decided to do their homework and research different styles of peer support programs at other universities.

Basa believes Acadia is the first university in the province to introduce such a student-run phone line.

Since its January launch, the project has garnered support from students, faculty and the wider school community, she said.

"People do know it exists, which is wonderful," Basa said of the service.

The line is operated by around 20 student volunteers. Basa says that's key to creating a more approachable, intimate support service.

"In peer-to-peer, you have

a little bit of a different connection with someone who's in the same life stage as you," she said. "It's easier to empathize."

Basa said operators are trained to direct callers to a range of mental-health and counselling resources but are also there to simply listen.

Acadia students can call the phone line Thursday to Saturday from 7 p.m. to 1 a.m. at 1-902-300-OKAY (or 1-902-300-6529).

**STEPHANIE TAYLOR/METRO**

## New Glasgow. Families, first responders sign petition to see highway deaths end

Thousands have signed an online petition to twin the portion of highway between New Glasgow and Antigonish, many in memory of Benjamin Carver.

Carver, 37, of Sheet Harbour, died last October in a collision with a transfer truck when water was on the highway, said his wife Sandra.

"He was our provider, our go-to guy for everything," she said. Sandra said her husband was a funny family man who worked in Antigonish during

### Plan in the works

The province is now conducting a study on ways to make the highway safer, due to be released at the end of the month. So far, there have been no plans to twin the highway.

the week as a manager of a concrete plant.

"It's important for the government to twin all 100-series

highways before more lives are harmed," Sandra said.

Joe MacDonald, chief of the Barneys River Fire Department, has been calling for twinning for years. Since 2009, he said, there have been 14 fatalities and more than 160 accidents on that stretch.

"I urge you as leaders in Nova Scotia to give people who travel this road daily a chance to make a mistake and not pay with their lives," MacDonald recently wrote to politicians. **NEW GLASGOW NEWS**

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# 'Halifax has so much to offer'

**March Break.**  
Museums, new  
downtown library,  
proving popular with  
parents and kids

ERNESTO  
CARRANZA  
halifax@metronews.ca

Stephanie Sollows looked on as her three children posed in pirate costumes in front of a green screen.

She's glad places like Maritime Museum of the Atlantic were open and offering March Break activities so her kids could release some pent-up energy.

"We are from Tiverton and I managed to get a few days off with my kids," said Sollows as her kids played in the background. "We have been stormed stayed in our hotel room so it is nice to get out and come to the museum at an affordable price."

Sollows planned on returning to her home in Digby County soon but said it

is great to take a vacation to Halifax whenever they can, especially during the March Break.

"Halifax has so much to offer. My kids even enjoyed the novelty of the ferry ride here," she said.

Barbara Millar and her granddaughter Ana also enjoyed the exhibits and activities at the museum on Monday.

"The weather hasn't stopped us at all. Ana is so busy anyway she will climb the snow banks and jump on the ice," Millar said. "We have a years pass to all the museums and she really wanted to come to the museum and play which is nice."

For Laura Upshaw, though, Monday was a good opportunity to take her three kids to the Halifax Central Library to get started on their March Break.

"I can spend hours here letting them play on the computers or video games," said Upshaw.

"There are always activities going on and shows to see here. And all for free."

## Breaktime

"There is no shortage of things my kids can do in Halifax despite the horrible weather we have been having. We are from Sackville and it is always great to bring the kids to Halifax to have some fun."

Laura Upshaw, mother of three and Halifax Central Library patron



From left: Lauren, Hudson and Quinn Sollows get their photo taken in costume Monday, on a green screen at the Maritime Museum of the Atlantic. It was part of the museum's March Break at Sea! program. JEFF HARPER/METRO

## Weather 'too dangerous' for Whitney Pier favourite

Frankie MacDonald was prepared.

The internationally known amateur weatherman and social media sensation says he followed his own advice and stayed indoors during the blizzard that hit Cape Breton on Sunday.

"I stayed in because it was a major blizzard — it was too dangerous," said MacDonald, who ventured out on the snow covered streets for a walk through Whitney Pier on Monday.

"I always go out — it was the first day I did not go out this year — but it was a major blizzard and I was prepared."

Over the past years, MacDonald, who is autistic, has

become known around the world for his YouTube weather reports that warn people to be prepared for the extreme weather Mother Nature throws at them.

The 30-year-old resident of Whitney Pier now has more than 14,000 friends on Facebook and more than 21,000 followers on Twitter. His YouTube videos have garnered more than 12 million views,

## Snow dump

# 60 cm

the amount of snow parts of Cape Breton received from the storm.

while his YouTube channel, dogsandwolves, has more than 50,000 subscribers.

It seems MacDonald's work is never done.

While the rest of Cape Breton was digging out from the latest winter storm, MacDonald was on his way home to warn Australians about tropical cyclone Nathan.

"I help people all over the world prepare for bad weather and they take my advice," he said.

And with that, Sydney's most famous resident turned toward home, his familiar gait attracting the attention of passing motorists who toot their horns in recognition.

CAPE BRETON POST



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ELIZABETH BEDDALL/METRO

ROSEMARY  
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## MetroTalks Thomas Mulcair

The NDP leader takes on Trudeau, Harper and the polls

# MULCAIR IN FULL FIGHT MODE

Polls be damned.

As far as Thomas Mulcair (or "Tom," as he likes to be called) is concerned, it's the pitbull versus the prime minister in the upcoming federal election.

"People want change. They say, 'When are you going to get rid of that bleep bleep Harper,'" the NDP leader said during a wide-ranging interview with Metro.

Often at ease, approachable and personable, Mulcair's trademark aggression (which won him the nicknames "Pitbull" and "Grizzly") flipped on when he spoke of the prime minister.

"Stephen Harper is my adversary. He's the one doing the damage to Canada's international reputation, he's the one who's hurting the average Canadian working family, he's the one who's damaging the environment."

Harper's recent battle against the Niqab and his as-

sertion that it comes from an "anti-women culture" is reprehensible, Mulcair said.

"It leads to the feeling that it's OK to be Islamophobic," he added.

Harper aside, Mulcair has another fight on his hands in the headline-grabbing campaign of Liberal Leader Justin Trudeau.

Despite recent polls showing either the Conservatives or Liberals leading, Mulcair downplayed Trudeau's appeal and attacked him for a lack of leadership and his tepid support of Bill C-51.

"I'm the leader of the official Opposition," Mulcair said. "We're the only ones who have ever been able to

stand up to Mr. Harper."

Besides, the NDP has "always fought for every column inch," he added.

Pundits warn that Harper could ride to yet another victory if the Liberals and NDP split the progressive vote. Mulcair said his party has been open to working with the Liberals to prevent that.

He extended the invitation in a speech one year ago, and then again in December. Both times the Liberals "slammed that door," Mulcair said.

"So my priority is getting rid of Stephen Harper. Justin Trudeau's priority is Justin Trudeau," he said. "The public will know that as they head into this election campaign."

They'll also need to know more about him.

Mulcair doesn't have Harper's longevity, Jack Layton's popularity, or Trudeau's celebrity. As he puts it, Trudeau's more *Vanity Fair* while he's more *National Geographic*.

What he does have is as much quirk as bite, cutting a grandfatherly figure in a dark suit and an orange tie dotted with tiny blue dolphins, and doodling a small flower while listening to a question.

Quick with sound bites, he's also a natural storyteller fond of historical interludes to illustrate a point (such as the NDP's role in founding public health care).

And he is, he says, principled before strategic.

"When you have convictions, you have to have the courage of those convictions, even when it's tough, even when you're being told that the polling numbers are completely against you," he said.

It remains to be seen if that will be enough to win.



# 'As Toronto goes, so will go the rest of our economy'



JESSICA  
SMITH CROSS  
Metro in Toronto

Thomas Mulcair, a Montrealer, isn't afraid to say that Toronto is Canada's most important city.

In an interview with Metro's editorial board on Monday, the NDP leader spoke about his cross-Canada urban strategy that recognizes the importance of Canada's major cities to the country and its economy — Toronto above all.

"I make no bones about the fact that Toronto is Canada's

most important city. That's a simple statement for me to make," said Mulcair. "It's a simple fact. Toronto is Canada's most important city. It's the key driver of our economy; as Toronto goes, so will go the rest of our economy."

He recited a litany of facts to support that: The Greater Toronto Area has more than six million people, Toronto contributes 20 per cent of Canada's GDP, and along with Montreal and Vancouver, the country's three biggest metropolitan areas make up just over half of

## Quoted

**"I make no bones about the fact that Toronto is Canada's most important city. That's a simple statement for me to make ... It's the key driver of our economy."** NDP Leader Thomas Mulcair

Canada's population.

Mulcair said residents of Canada's other cities shouldn't take his Toronto appreciation badly, because it's part of a larger urban plan that recognizes the importance of all of Can-

ada's cities.

"When we're talking about transit, I'm not excluding Calgary, Edmonton, Vancouver or Montreal. I'm saying every city in this country deserves to have a modern transit system, which

we don't have," he said.

To support Toronto — and the country's other major cities — Mulcair said an NDP government would work with provincial and civic leaders to support affordable housing, devote one extra cent of the gas tax to major cities' transit and create new child-care space.

In Toronto, that means 164,000 new GTA daycare spots over eight years; about \$90 million a year for transit; and a commitment to help fund the massive social housing repair backlog.

Before coming to Metro's newsroom, Mulcair spent a half-hour in Toronto Mayor John Tory's office Monday afternoon discussing those issues. Afterwards, Tory praised Mulcair for being upfront about Toronto — something, he noted, other politicians have been hesitant to do.

Tory himself admitted that in his days before being mayor, when he was CFL commissioner, he'd tell people from Western Canada he's from "North York" so as not to disclose he's from Toronto.

## In quotes. Mulcair on terrorism, the youth vote and climate change

### The youth vote

- "Young people today finishing their studies are finishing with \$60- to \$70,000 in debt. When are they supposed to start a family if that's what they want for themselves?"

- "We have a generation now that's earning less than their parents and grandparents. The biggest inequality in our country is between generations."

- "In the last election, 65 per cent of young people aged 18 to 25 stayed home, two out of three. That worked out very well for Mr. Harper, by the way, because when young people stay home, the right wing wins and democracy loses. We have to change that."

### Racism and Islamophobia

- "We're a country of immigrants. My wife is an immigrant to Canada. It's becoming a more and more closed place under the Conservatives."

- "Mr. Harper's singling out of the Muslim community has been, I think, one of the worst things I've seen in my political career."

- "If you have the highest elected official in the country openly using terms that can lead to Islamophobia. I find it reprehensible, it's abject, and I never thought I'd see it in Canada."

### Terrorism and Bill C-51

- "This is a horrible piece of legislation, very dangerous to our rights and freedoms."

- "I'm not trying to understate the importance of fighting terrorism. This

is a real issue that requires real solutions."

- "When you have convictions, you have to have the courage of those convictions, even when it's tough, even when you're being told that the polling numbers are completely against you."

- "You're opening yourself up to First Nations groups, environmental groups, social activists being snooped on, having their privacy, their private life snooped on, because they're doing what's supposed to be normal in a free and democratic society."

### The importance of cities

- "I think the best plan is to have a federal government that works with the provinces and territories."

- "People have to understand the importance of coming to grips with issues like gridlock."

### Environment

- "I would love nothing more than if my first act as prime minister of Canada would be to attend the COP 21, the Conference of the Parties to Kyoto, in Paris in December of this year. I firmly believe that this is the defining issue of our times, because it's the future. This is the one that's going to resonate for generations and generations to come it we don't get it right. And we have to get it right."

- "Canada is the only country in the world to withdraw from Kyoto and I think that's scandalous."

ROSEMARY WESTWOOD/METRO

## Prime mug

### I challenge you to a ... beard



LUKE  
SIMCOE  
luke.simcoe@metronews.ca

It's been more than 100 years since the highest office in Canada was held by a man with a beard — not since Mackenzie Bowell left office in 1896.

Thomas Mulcair is itching to change that.

"I think it's long overdue," he told Metro Monday, a wry smile peeking out from beneath his whiskers.

The NDP leader first grew a beard when he was 18, in a bid to look older during his first year of law school. Since then, he's shaved it only once, in 1978.

"Not one of our friends recognized me," he said.

Metro asked Mulcair to draw some facial hair on his two opponents in the upcoming election: Liberal Leader Justin Trudeau and Prime Minister Stephen Harper.

Trudeau's mug received a five o'clock shadow in Liberal red, while Mulcair gave Harper a full beard in green.

"I'll give Mr. Harper a



NDP Leader Thomas Mulcair and his wife Catherine Pinhas inspect celebrity beards, top. Below: Mulcair gives his opponents, Liberal Leader Justin Trudeau and Prime Minister Stephen Harper, some facial hair of their own.

green beard, so maybe he'll think a little bit more about the environment," he joked.

Asked to choose his fa-

vourite celebrity facial hair, Mulcair went with newly grey-whiskered Stephen Colbert



3 things Catherine Pinhas thinks you might not know about her husband

"That he's very kind."

"He has a job as official Opposition, he has no choice, he has to stand up, and react. They might be surprised to know that he's shy. Sometimes you're going to see him feel a little bit uncomfortable if people say kind words. He feels a little embarrassed, I guess."

"He is principled, and he's a loving person."

ALL PHOTOS: ELIZABETH BEDDALL/METRO



## Court. Terror plot jurors hear details of bomb plan

A jury has heard that a B.C. couple accused of plotting to bomb the provincial legislature expected their home-made bombs to kill mostly government workers and first responders.

John Nuttall and Amanda Korody are on trial for their alleged plot to plant pressure-cooker bombs on the legislature lawn on Canada Day.

The jury listened to audio recordings of the couple outlining their plan to have the bombs explode mid-morning, well before the first Canada Day activities and hours before the main holi-

day events.

Nuttall is heard saying that it's likely the first bomb will kill mostly government workers preparing for the festivities, and the second bomb should be delayed by 15 minutes so first responders would be hit.

A passerby tells Nuttall, Korody and an undercover officer that the "kids' zone" opens at noon, and Nuttall is adamant the bombs be set earlier enough that children won't be killed.

Nuttall and Korody have both pleaded not guilty to four terrorism-related charges. **THE CANADIAN PRESS**



John Nuttall, left, with a Qur'an, and Amanda Korody appear in provincial court in Surrey, B.C., on July 9, 2013. Nuttall said he thought his alleged plot would change the world. **FELICITY DON/THE CANADIAN PRESS**

# Canada, U.S. reach deal on pre-clearance customs pact

**Travel.** Deal sets path for allowing customs agents to work on both sides of the border

Travel to the United States by road, rail and sea could undergo a major revamp as the result of a new agreement between Canada and the U.S.

Public Safety Minister Steven Blaney and Homeland Security Secretary Jeh Johnson have signed a customs pre-clearance agreement that was years in the making.

The arrangement would allow customs agents to work in each other's countries, which means they could screen passengers away from the border and ease the choke points.

That process already exists in air travel, at eight airports. People can clear U.S. customs in cities such as Vancouver, Toronto and Montreal and then, when they land, skip lines in U.S. airports.



Cargo trucks cross the Ambassador Bridge from Detroit, left, leading into Windsor, Ont., right, in January. **CARLOS OSORIO/THE ASSOCIATED PRESS**

The countries had signalled their intention to expand that arrangement to land and sea travel as part of the 2011 Beyond the Border deal between Prime Minister Stephen Harper and President Barack Obama.

But they missed a late-2012 deadline to reach a legal agreement that would let law enforcement officials operate inside the neighbouring country.

A little more than two years later, they have finally reached that deal.

"This historic new agreement builds on decades of successful pre-clearance operations in Canadian airports," Blaney said in a U.S. Department of Homeland Security statement. "It will enhance the security at our border and create jobs and growth in Canada by improv-

### Implementation

While the deal has been struck, it didn't highlight several conditions to moving forward. These include the legislation required from both governments, budgeting for new infrastructure and commitment from the private sector.

ing the flow of legitimate goods and people between our two countries."

Maryscott Greenwood of the Canadian American Business Council said the agreement will use modern technology to speed up things at the border.

"It's dramatic, it's historic, it's a big day in Canada-U.S. relations," she said.

The statement says the agreement applies to all modes of transport, potentially even passenger vehicles. It also says customs agents will be allowed to carry firearms in each other's countries. **THE CANADIAN PRESS**

## Feds near decision on ISIL combat mission extension

The federal cabinet is poised to decide on an extension to the combat mission against the Islamic State of Iraq and the Levant (ISIL) and, should it be approved, several defence sources say it likely would involve a commitment of more than six months, possibly up to a year.

Defence Minister Jason Kenney wouldn't indicate which way the debate is going, but said a verdict will come in the near future and that "we're considering various options."

Kenney and other senior Conservatives have dropped broad hints for weeks that the threat posed by extremists in Iraq and Syria is not something that should be left unchecked by Canada — or its allies.

The mandate for the existing mission will be expiring within the next few weeks.

An extension of six months would require another evaluation and renewal in October at a time when the government is expected to be campaigning

for re-election.

Defence analysts have said any potential Canadian extension would likely resemble U.S. President Barack Obama's war resolution before the U.S. Congress, which removes geographic limits and softens the language about the deployment of combat troops.

Like Canada, the U.S. originally ruled out putting "boots on the ground" in the form of conventional combat forces.

**THE CANADIAN PRESS**

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### Alberta

#### Students able to use Aeroplan for school expenses

Some post-secondary students in Alberta are now able to use Aeroplan points to pay for tuition, textbooks, residence fees and meal plans. Some of the nine institutions on board so far include University of Lethbridge, Olds College, Red Deer College and Concordia University College of Alberta in Edmonton. **GLOBAL EDMONTON/THE CANADIAN PRESS**

### Crime

#### Parole board too low on resources to process pardons

The Parole Board of Canada says it can no longer dedicate resources to clearing a backlog of old pardon applications, leaving thousands of former offenders in legal limbo. The board's 6,000 remaining pardon applications received before the rules were changed in 2012 will be processed as time and money permit. **THE CANADIAN PRESS**

### Bomb plots

#### Man accused of plotting bomb attacks remains in federal custody

A Pakistani man the federal government has branded as a supporter of ISIL and accused of plotting bomb attacks on downtown Toronto was ordered to remain in custody on Monday pending a deportation decision. Government lawyer Jessica Lourenco made no new allegations against him. **THE CANADIAN PRESS**



# ISIL using gas attacks: Kurds

**Middle East.** Kurdish officials say an independent laboratory concluded the militants used chlorine gas

Kurdish forces in Iraq are investigating two other possible chemical weapons attacks by the Islamic State of Iraq and the Levant (ISIL), a top official said Monday, as authorities put an Iraqi offensive to retake Saddam Hussein's hometown on hold.

The two purported chemical weapon assaults resemble one claimed Saturday by Kurdish officials who say an independent laboratory concluded the militants used chlorine gas against its peshmerga forces in a Jan. 23 truck suicide attack. However, their claims were not immediately verified by international authorities.

Iraqi officials and Kurds fighting in Syria have made similar allegations about the militants using the low-grade chemical weapons against them. ISIL, which controls a

third of Syria and Iraq in its self-declared caliphate, has not commented on the claims.

Gen. Aziz Wesi, in charge of a Kurdish special forces brigade, told journalists Monday that authorities declined to immediately discuss the two newly announced attacks when they happened on Dec. 26 and Jan. 18 out of fears of causing a panic.

Kurdish officials have offered footage of the aftermath of the Dec. 26 attack, which shows fighters coughing and pouring water over their heads after another suicide truck bombing that authorities say wounded some 60 men.

"I put a wet scarf on my face because when I saw the gas, I felt it," said Capt. Mohammad Sewdin, who leads the Kurdish special forces unit targeted in the December attack. "I was afraid it might be something like (chemical weapons). So I told my men to do the same."

Sewdin told The Associated Press he was temporarily blinded for six hours after the attack and coughed up blood. He and others were hospitalized. **THE ASSOCIATED PRESS**



**Iraqi fighters chant slogans against extremists at the front line during a battle against ISIL militants on Monday in Tikrit, 130 kilometres north of Baghdad, Iraq.** KHALID MOHAMMED/THE ASSOCIATED PRESS



## South Pacific picking up pieces after 'monster' cyclone

Samuel, only his first name given, kicks a ball through the ruins of their family home as his father, Phillip, at back, picks through the debris on Monday in Port Vila, Vanuatu, in the aftermath of Cyclone Pam. Vanuatu's president, Baldwin Lonsdale, said that the cyclone that hammered the tiny South Pacific archipelago over the weekend was a "monster" that has destroyed or damaged 90 per cent of the buildings in the capital and has forced the nation to start anew. The United Nations says that 24 people are confirmed dead and 3,300 have been displaced by the cyclone. Meanwhile, the Canadian Department of Foreign Affairs says it's believed 29 citizens are in the affected region. Foreign Affairs says its office in Canberra, Australia and the Australian High Commission in Port Vila are providing assistance to Canadian citizens in Vanuatu affected by the storm. PHOTO: DAVE HUNT/THE ASSOCIATED PRESS, TEXT: THE ASSOCIATED PRESS & THE CANADIAN PRESS

## Radicalism. Concerns grow over ISIL-recruited Brits

British police, under pressure to stem the flow of would-be militants eager to join the Islamic State of Iraq and the Levant (ISIL), on Monday arrested an 18-year-old man suspected of planning to travel to Syria.

Hours earlier, they freed on bail three other U.K. teens detained in Turkey, allegedly on their way to link up with the extremist group.

The arrests are signs of increasingly strenuous efforts by police to stop the flow of radicalized young Britons to the Middle East.

Detectives have been

criticized for failing to prevent three 15- and 16-year-old London girls from making the same journey last month.

West Midlands police said the 18-year-old, whose name wasn't released, was arrested early Monday at his home after police received a tipoff.

Three other youths — two aged 17 and a 19-year-old — were arrested at an Istanbul airport after their London families contacted police when they failed to return from Friday prayers.

**THE ASSOCIATED PRESS**

## Fashion. France considers underweight model ban

France's health minister says she supports plans to criminalize the use of advertising with anorexic models in France.

The measure would put France, a world capital of fashion, with countries like Israel and Spain that are cracking down on the glorification of dangerously thin models.

Socialist lawmaker Olivier Veran, who is also a doctor, wants to add language to an upcoming health bill to make it illegal to employ models deemed to have an eating disorder. Modelling

agencies would have to produce a medical report showing that their models have maintained a healthy mass-to-height ratio.

A second change in the law would make it a crime to glorify "excessive thinness," which would target those who run pro-anorexia websites, punishable by up to one year in prison and 10,000 euros (\$10,575 US) in fines.

Up to an estimated 40,000 people suffer from anorexia in France, 90 per cent of them women, according to the health ministry.

**THE ASSOCIATED PRESS**

### Diplomacy

#### Senators' Iran letter strains nuclear talks

Iranian diplomats twice confronted their American counterparts about an open letter from Republican senators who warned that any nuclear deal could expire the day President Barack Obama leaves office, a senior U.S. official said Monday.

The official said the GOP intervention was a new issue in the tense negotiations facing an end-of-month deadline for a framework agreement.

The Iranians raised the letter in Monday's discussions led by Secretary of State John Kerry and Iranian Foreign Minister Mohammad Javad Zarif.

Zarif was quoted by Iranian state media after the meeting as saying the topics included the potential speed of a softening of U.S. economic sanctions and the new issue of the letter from the senators.

"It is necessary that the stance of the U.S. administration be defined about this move," he was quoted as saying.

**THE ASSOCIATED PRESS**

### Russia

#### Putin's return ends rumours

Looking fit and joking about all the fuss over his unexplained 10-day absence from public view, President Vladimir Putin reappeared on Monday to quell the swirling speculation about the state of his health and his hold on power.

"It would be dull without gossip," Putin said with a smile during a meeting with Kyrgyzstan's president, Almazbek Atambayev. **THE ASSOCIATED PRESS**

### Twitter

#### Teen arrested over alleged racism

British police have arrested a 15-year-old boy for a racist tweet aimed at Arsenal striker Danny Welbeck.

The unnamed boy was held and questioned on suspicion of racial abuse following the posting of a message on Twitter after Welbeck scored the winner against Manchester United last week in the FA Cup.

Police say "the investigation is ongoing." **THE ASSOCIATED PRESS**

### Israeli election

#### Netanyahu sliding, keeps hard line

In a frenzied last day of campaigning, Prime Minister Benjamin Netanyahu on Monday ruled out the establishment of a Palestinian state and vowed to strengthen construction in east Jerusalem settlements as he appealed to hard-line voters on the eve of Israel's closely contested general election.

Netanyahu, who has governed for the past six years and has long been the most dominant personality in

Israeli politics, has watched his standing plummet in recent weeks.

Recent opinion polls show his Likud Party lagging behind Isaac Herzog's Zionist Union.

Herzog, who has vowed to revive peace efforts with the Palestinians, repair ties with the U.S. and reduce the growing gaps between rich and poor, confidently predicted an "upheaval" was imminent.

Tuesday's election caps an acrimonious three-month campaign that is widely seen as a referendum on Netanyahu.

**THE ASSOCIATED PRESS**



# Young adults want news every day, survey shows

**Sources.** Millennials get harder news from traditional media sites and lifestyle items overwhelmingly from Facebook, survey finds

Young adults have a reputation for being connected to one another and disconnected from the news. But a survey has found that mobile devices and social networking are keeping them more engaged with the broader world than previously thought.

They want news, they say, though they don't always aggressively seek it out — perhaps simply happening upon it on a friend's online feed. And they want it daily.

The survey of Americans ages 18 to 34, sometimes called the millennial generation, found that two-thirds of respondents said they consume news online regularly, often on a social networking site.

Of those, 40 per cent do so several times a day, according to the poll, conducted by The Associated Press-NORC Center for Public Affairs Research and the American Press Institute.

It's been a slowly building trend in news consumption that experts say is trickling up to older generations —

and that young people say helps them stay current, even if they never read an actual newspaper or watch the evening news on TV.

The respondents said their consumption of news and information on various devices was most often sparked by an interest in civic issues, for social reasons, including discussing a topic with friends, or because they just find it enjoyable.

Tom Rosenstiel, executive director of the American Press Institute, noted that many respondents who generally let news come to them might comment on a story posted by a friend or look for more information because they were skeptical. He noted that 70 per cent of young adults surveyed say their social media feeds include a mix of viewpoints, increasing their chances of reading a wider array of content.

Overall, the survey found that the average young adult regularly uses three or more social media platforms, among them Twitter, YouTube and sometimes Tumblr and Reddit. That said, survey respondent Travis Morgan, a 33-year-old pilot from Oregon, says he still likes reading a printed newspaper and watching news on television — and using a search engine to dig more deeply if he wants to know more.

THE ASSOCIATED PRESS



Travis Morgan, 33, a pilot, says he still likes reading a printed newspaper, watching the news on his TV, and using a search engine to dig more deeply if he wants to know more. He is among the majority of young adults who say they consult sources of news regularly. JEFF BARNARD/THE ASSOCIATED PRESS

## Market Minute



**DOLLAR**  
78.25¢  
(+ 0.06¢)

Natural gas: \$2.716 US (-1.1¢)  
Dow Jones: 17,977.42 (+228.11)



**TSX**  
14,862.76 (+131.26)



**OIL**  
\$43.88 US (-96¢)



**GOLD**  
\$1,153.20 US (+80¢)

## Nutrition. Experts tout Coke as sensible snack

Coca-Cola is working with fitness and nutrition experts who suggest its soda can be an acceptable treat, at a time when the world's biggest beverage maker is being blamed for helping to fuel obesity rates.

In February, several of the experts wrote online posts for American Heart Month, with each including a mini-can of Coke or pop as a snack idea. The pieces — which appeared on nutrition blogs and other sites including those of major newspapers — offer a window into the many ways food companies work behind the scenes to cast their products in a positive light, often with the help of third parties seen as trusted authorities.

Ben Sheidler, a Coca-Cola

spokesman, compared the February posts to product placement deals a company might have with TV shows.

"We have a network of dietitians we work with," said Sheidler. "Every big brand works with bloggers or has paid talent."

Other companies including Kellogg and General Mills have used strategies like providing continuing education classes for dietitians and funding studies that burnish the nutritional images of their products.

PepsiCo has also worked with dietitians who suggest its Frito-Lay and Tostito chips in local TV segments on healthy eating.

THE ASSOCIATED PRESS

## McDonald's. Workers file complaints over burns

McDonald's workers in 19 cities in the U.S. have filed complaints over burns from popping grease, a lack of protective equipment and other workplace hazards, according to labour organizers.

The complaints are the latest move in an ongoing campaign to win pay of \$15 US an hour and unionization for fast-food workers by publicly pressuring McDonald's to come to the bargaining table. The push is being spearheaded by the Service Employees International Union and began more than two years ago. Already, it has in-

cluded protests around the country and lawsuits alleging workers weren't given their rightful pay.

The burns and other hazards were detailed in complaints announced Monday and filed with U.S. Occupational Safety and Health Administration in recent weeks. Workers cite a persistent lack of gloves for handling hot equipment and say they have been burned while cleaning grills that have to be kept on. The complaints also detail a lack of training for handling hot fryers and slipping on wet floors. THE ASSOCIATED PRESS



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## Food safety

### Costco Canada's licence to import fish suspended

Canada's food safety watchdog has suspended Costco Canada's fish import licence.

The Canadian Food Inspection Agency says the retail giant is not reliably following food safety controls on a consistent basis. The suspension went into effect on Feb. 26. Costco's website indicates it operates 89 warehouse store locations across Canada.

The CFIA says Costco can't import fish products into Canada until it takes corrective action and the agency is satisfied that the chain can effectively manage food safety risks.

THE CANADIAN PRESS

## Wireless

### Rogers agrees to refund premium text services fees

Rogers Communications has agreed, in a deal with the Competition Bureau, to pay refunds or credits to cellphone customers who were charged for premium text services from Jesta and MMS for services such as Mind Quiz, Love Crush and Joke a Day.

The refunds cover services provided by MMS between Jan. 1, 2011 and Sept. 30, 2012 and from Jesta between Jan. 1, 2011 and Aug. 31, 2013. Rogers acted as billing agent for Jesta and MMS. Current customers will get automatic credits, while others will be contacted.

THE CANADIAN PRESS

## Television

### CRTC rules Rogers can offer exclusive GamePlus service

The CRTC ruled Monday that Rogers Communications can give its subscribers exclusive access to its GamePlus service, which delivers bonus content from NHL games.

The federal regulator dismissed a complaint filed against Rogers last fall by the parent of rival Bell TV, which said GamePlus should be available for free to all subscribers of NHL GameCentre Live, regardless of whether they're Rogers customers or not.

The federal regulator concluded Rogers complied with rules.

THE CANADIAN PRESS



## VOICES

# A CITY OF TWO TALES

NDP Leader Thomas Mulcair and Liberal Leader Justin Trudeau make separate stops in Toronto within the same week — both touting very different paths forward



CHANTAL  
HÉBERT

readers@metronews.ca

Within the space of a single week, Justin Trudeau and Thomas Mulcair each delivered major speeches designed to stake out some critical pre-election territory.

Both opposition leaders chose Toronto as their venue, a decision dictated as much by the city's status as the national headquarters of the country's English-language media as by the GTA's weight in the outcome of next fall's election.

The similarities stop there.

Trudeau spoke to a non-partisan group made up of McGill University alumni.

Mulcair addressed one of the largest in-between-elections rallies that the federal NDP has ever held.

The Liberal leader spoke of values and denounced what he believes is a blatant Conservative attempt to use the terrorism file to divide Canadians along Muslim and non-Muslim lines.

Mulcair set out the urban agenda of an NDP federal government.

His speech emphasized Toronto's central place on the municipal map of the country — calling it the most important city in the country — but his prescriptions were generic.

Minus the local references, Sunday's text could easily serve as a template for similar speeches in Canada's other big cities.

The Liberal leader's speech was the more hard-hitting of the two but also the more high-risk.

Fostering discrimination against a minority is one of the most serious charges that an opposition leader can level at a sitting prime minister.

That could be construed as a glaring contradiction since it is Liberal policy to support



Tom Mulcair shares a laugh with Justin Trudeau at a panel discussion on youth voting. ADRIAN WYLD/THE CANADIAN PRESS FILE

Harper's controversial anti-terror legislation, regardless of whether or not the government addresses Trudeau's concerns about its reach.

By comparison, Mulcair's speech was a safe one. It is hardly the first time that a federal leader promises the cities a better deal and there is little revolutionary about adding a seat devoted to urban affairs at the cabinet table of an NDP government.

The most controversial element of the speech — if you can call it that — was the contention that, more so than that of any other (smaller) Canadian city, the success of Toronto is essential to the country's economic health.

According to party strategists, Mulcair deliberately stuck to bread-and-butter issues the better to bring the economy back on the political radar.

They believe the issue is becoming a liability for the ruling Conservatives. (For the record, so far the latter still score better on the economy than their opposition rivals.)

In the end, the differences between the Trudeau and Mulcair speeches spoke more loudly of distinct pre-election needs than of different priorities.

Two years into his leadership, Trudeau has not yet quite shaken off the perception that he

is a policy lightweight.

At the same time, the Liberals have made the strategic decision to not release their platform until the campaign.

In the absence of a fleshed-out policy book, the "values" speech Trudeau delivered last Monday was designed to anchor his political persona to some core principles.

It was also meant to offset the Liberal decision to support Bill-C51 by adding some space between Trudeau and the Conservatives on the larger anti-terror narrative.

The NDP's event, on the other hand, was at least as important for its form as for the content of Mulcair's speech.

The past four years have been miserable ones for the New Democrats, with precious little to suggest they are on the move nationally.

They have endured the untimely death of a much loved federal leader; the loss of power in Nova Scotia; a civil war at the top of Manitoba's NDP government; unexpected mayoral defeats in Toronto and Vancouver, and underwhelming provincial results across the country.

Against that backdrop, the successful staging of a major rally in Toronto — a city where the NDP lost a seat since the last election — was meant to at least project some critically needed momentum.

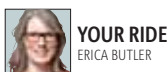
It was also designed to blunt some of the edges of Mulcair's image.

For all his success or, perhaps, because of it as the prosecutor-in-chief of the government in Commons, his profile outside Quebec remains both lower and not as voter-friendly as Trudeau's.

That he was under instructions to play nice may explain why Mulcair smiled his way through his Sunday speech. He smiled so hard as to make one wonder whether he was trying to channel Jack Layton.

Chantal Hébert is a national affairs writer.

## Nothing beets clear sidewalks, but can we afford them?



YOUR RIDE  
ERICA BUTLER

If money grew on trees, we could all have bare sidewalks. That seems to be the wisdom bandied about in reaction to those of us complaining about this winter's ice-covered sidewalks in Halifax.

Sure, we could have cleared walks, but can we afford them?

Well, that might be something worth knowing. And as of right now, we don't.

Every summer, city staff writes a report evaluating how their winter clearing operations went. If councillors want real information on what we can afford, now is the time to ask.

So far, councillors have requested reports on how to end the service in peninsular Halifax (not approved), and on the possibility of incor-

porating beet juice and cheese brine in the service (approved).

No councillor has yet asked for information on what it would actually cost to do it right.

What we do know is that our current sidewalk-clearing efforts cost homeowners about \$35 a year (for an average home assessed at \$210,000). For a full season of snow clearing, that seems like a bargain.

Of course, that \$35 a year was calculated by staff who estimated that it would cost \$2.2 million to take on the peninsula's 200 kilometres of sidewalks.

But when it came time to award contracts in 2013, Halifax signed on to pay a company less than half that to do the job. Another bargain, it seems.

Councillors should be asking city staff to explain the massive discrepancy between their estimate and the awarded contract costs, and

### Real information

**Every summer, city staff writes a report evaluating how their winter clearing operations went. If councillors want real information on what we can afford, now is the time to ask.**

they should be asking staff what could happen if we actually spent the other \$1.4 million that we planned to on sidewalk snow clearing.

Councillors may also need to ask what it would cost to improve the standards, either quality or response time, for sidewalks in the urban core, where in places upwards of 50 per cent of people are walking to work.

Halifax staff has actually already estimated

what it would cost to increase response time on the peninsula.

A mere \$2.10 per residential home could give sidewalk plowing a 12-hour response time, a significant improvement from the current 36 hours, according to a 2013 staff report.

This is the kind of information that residents and councillors need to make a decision about whether we can afford properly cleared walks in Halifax's urban core.

Whether it's about increased response time, investing in new equipment, or getting in the beet-juice business, let's hope our councillors will ask for the information they need to fix our winter mobility problem.

Erica Butler lives in Halifax and uses transit, a car and a bicycle to get around the city. You can follow her on Twitter at @HabitatRadio.



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# Emile Hirsch heads to court

**Scandal.** Actor faces up to five years in prison for alleged assault at Utah club

Actor Emile Hirsch made his first court appearance Monday on allegations that he put a studio executive in a chokehold and dragged her across a nightclub table while in Utah for the Sundance Film Festival.

The *Into the Wild* star declined to comment Monday outside court in Park City.

His attorney Neil Kaplan said Hirsch is receiving counseling after going to rehab.

The actor from Encino, Calif., is charged with felony assault, which is punishable by up to five years in prison and a \$5,000 fine. He also faces a misdemeanor count of intoxication.

He isn't required to be at the next hearing, set for April 13.

Hirsch may also be excused from other upcoming hearings, a concession often granted to out-of-state defendants who are co-operating, said Summit County prosecutor Ryan Stack. Stack said he had no comment on a possible plea deal.

The woman Hirsch is accused of assaulting on Jan. 25 is Daniele Bernfeld, an executive for the Paramount Pictures subsidiary Insurge Pictures.

Hirsch lawyer Robert Offer has said the actor was drinking alcohol and doesn't remember what happened that night. Offer also said last month that Hirsch checked into rehab within days of the incident.

Offer was not immediately available for comment Monday.

Hirsch is best known for his *Into the Wild* role. He was at Sundance for the premiere of the drama *Ten Thousand Saints*, in which he appears alongside Ethan Hawke and Asa Butterfield.

THE ASSOCIATED PRESS

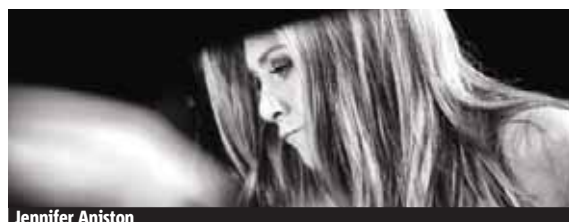


Emile Hirsch ALL PHOTOS: GETTY IMAGES



Gisele Bündchen

## Uninvited guest plants himself on Aniston's lawn



Jennifer Aniston

Jennifer Aniston got some unsolicited gardening recently when a drunk driver reportedly jumped the curb and landed in her lawn, taking out some plants along the way, according to TMZ. It's unclear whether Aniston or fiancé Justin Theroux were home at the time, but

her security guard called the cops who promptly arrived and busted the driver after he failed a sobriety test.

There's a very obvious *Friends* theme song joke in this about being stuck in second gear, but I like to think I'm better than that. (I'm not.)

## Bye-bye, Bündchen?

Brazilian supermodel sensation Gisele Bündchen is reportedly set to retire from the runway after two decades in the spotlight.

The whispers, which began with an editorial in Brazilian newspaper *Moda Estadão*, suggest that Bündchen will walk her last runway in April at the Colcci show as part of São Paulo Fashion Week. Bündchen, who shares a long-term relationship with

the Colcci brand, has starred in many of its previous campaigns and also famously chose the brand for her return to the catwalk following the birth of her son Benjamin in 2010.

Bündchen, reportedly the world's highest paid model for the last 10 years, most recently walked for Chanel in September 2014. Sao Paulo Fashion Week starts April 13.

AFF

Gossip

**NED EHRBAR**  
METRO'S TAKE  
ON THE WORLD  
OF CELEBRITIES



## Demi Lovato wants the world to know she loves Wilmer

People have said a lot of things about Wilmer Valderrama over the years, but something you might not have expected to read is "I really wouldn't be alive today without him."

But that's exactly what girlfriend Demi Lovato wrote in a heartfelt Instagram post celebrating Valderrama and her third anniversary of getting sober.

"I wish I could put into words how grateful I am for this man right here. But my love has grown to a level

that words could never possibly express how much this man completes me," she writes.

"He's loved me the way I never thought I deserved to be loved and with this day marking my third year sober. After sharing my ups, putting up with my downs and supporting my recovery, he still never takes credit and I want the world to know how incredible his soul is."

Duly noted.







Singer-songwriter Ed Sheeran will help curate the "happiness" playlist. GETTY

# World happy hunting ground for UN playlist

**Music.** UN asks music lovers around globe to share songs that bring them joy, in honour of Day of Happiness

What is happiness? The United Nations is teaming up with pop stars to create a playlist that asks, in musical form, that eternal question.

A campaign launched Monday is asking listeners around the world to post through social media the songs that make them happy, with the playlist to be revealed Friday on the UN-declared International Day of Happiness.

The curators who will assess the responses and determine the playlist include the British singer-songwriters Ed Sheeran and James Blunt, U.S. singer-songwriter John Legend, French DJ David

Guetta and the Portuguese pop star David Carreira.

UN Secretary-General Ban Ki-moon, who is not generally known for his rock star persona, announced the initiative in an MTV-style video in which he offered his vote for Stevie Wonder's 1970 hit Signed, Sealed, Delivered.

Ban said that the song — also known to be a favorite of U.S. President Barack Obama — represented his hopes for a successful agreement on climate change at a UN-led conference in Paris later this year. AFP

## Gross National Happiness

The United Nations in 2012 declared an International Day of Happiness — which coincides with the first day of spring in the Northern Hemisphere — after an initiative by Bhutan, the Himalayan land that measures a Gross National Happiness instead of a standard economic indicator.

## #HappySoundsLike

Last year, the International Day of Happiness invited music fans around the world to dance to Pharrell Williams' hit Happy, creating a viral sensation.

- The campaign, which did not specify restrictions on genre, asked music fans to post songs on social media with the hashtag #HappySoundsLike. The playlist will be released by streaming service MixRadio.

## Music film

# Drizzy in a tizzy over unauthorized concert film

Canadian rapper Drake is not happy about a soon-to-be-released concert film.

"The Drake Homecoming film is not something OVO or Drake have any part in," Drake tweeted to his 21.6 million followers, referring to the record label he helped establish in 2012.

"I feel it is my responsibility to inform and protect my fans."

The statement has been favoured and retweeted more than 12,000 times.

Drake's Homecoming: The Lost Footage will be playing in select Canadian theatres on March 18 only. The concert film, which was shot in May 2009 at a sold-out show at Toronto's Sound Academy, shows the rapper performing just before his international breakthrough.

"No. 1, it's an unauthorized film," counters Mark S. Berry of Toronto's Attack



Drake is unhappy about the release of a concert film. GETTY IMAGES

## Quoted

**"I feel it is my responsibility to inform and protect my fans."**

Drake tweeted to his 21.6 million Twitter followers about the theatrical release of the unauthorized concert film Drake Homecoming: The Lost Footage

Media Group. Berry is listed as a co-executive producer for the film.

According to Berry, Drake signed a contract in 2009 that gives him \$15,000 for the film and a royalty participation of 15 per cent. It's a paltry sum for a rapper

who could now demand a substantially higher fee.

"He's known about the movie for years," Berry adds.

Attempts to reach out to Drake's label representatives were not returned on Monday.

TORSTAR NEWS SERVICE

# Charlie Domestic Medium Hair

Six-year-old Charlie spent time in the cold winter weather as a stray in rural HRM. He is a shy fellow so it may take time for him to feel confident in a new adoptive home. Nevertheless, he does enjoy being fussed over and is intrigued by toys. Drop by the shelter and take time to get to know Charlie and you will soon see his playful side. He would appreciate a quiet home and the opportunity to settle in at his own pace. If you think you have a place in your heart for this handsome boy, please visit Charlie today.



For more information on Charlie and other adoptable furry friends, visit [www.pas.spcans.ca](http://www.pas.spcans.ca) or contact the Nova Scotia SPCA Provincial Animal Shelter at 902-468-7877 or [info@pas.spcans.ca](mailto:info@pas.spcans.ca)

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# Couples' vegetarianism 101

**Healthy eating.** It can be difficult to get meat-loving guys (and gals) to eat more veggies. Here are some tips on getting it done

EVA  
KIS  
Metro World News

How's your healthier eating resolution going? If you've had better intentions than follow-through, get back on the wagon this week with a change that won't turn your life upside down: a meatless day of the week.

Diana Rice, a dietician with the Meatless Monday campaign, an international effort that encourages people to not eat meat on Mondays to improve their health and the health of the planet, has plenty of suggestions to get you started — no matter what day it is. But she also speaks from experience when it comes to what will likely be your biggest obstacle (after cravings): your partner.

"My husband is from the (American) south, and growing up he didn't really think about the advantages of vegetarian anything," she says. Bacon and eggs for breakfast, a ham sandwich for lunch and a steak for dinner was pretty standard.

And while you probably know that eating less meat can lower cholesterol and reduce your risk of cancer, diabetes and heart disease, a lecture about the health benefits of veggies might be the only thing less appetizing to him than trading steak for tofu.

But don't give up hope. Rice, whose husband often serves as the "guinea pig" for her foodie experiments, shared her ideas.



Eating less meat can reduce your risk of cancer, diabetes and heart disease. ISTOCK

## Play up other flavours

"Pasta is such a versatile dish. It'd definitely be the place I'd start," says Rice. Use cherry tomatoes instead of sauce from a jar, fresh basil instead of dried and really good cheese, and he'll forget he's not eating meat. Shop at a farmers market so you know you're only buying what's in season, when it tastes best, and talk to the vendors to get ideas.

## Don't get crazy

"If you're just starting out, don't buy tempeh and try to make some really weird vegetarian thing that's totally

unfamiliar to you," cautions Rice. Work your way up to it by starting with what you already know: chili with beans instead of ground beef or using sautéed mushrooms as the main part of a dish instead of a side.

## Think like a guy

If your guy likes steaks, try making a vegetable steak: Cut a one-inch-thick slice out of the middle of a cauliflower, brush it with olive oil and grill it, then serve it with some A1 sauce. "Having the vegetable be a standalone in the same way we might ex-

pect the steak or a piece of fish to be can help us overcome that mentality that there is something lacking from the meal," says Rice.

## Chef's choice

Most guys still aren't doing the cooking, so if they're hungry they'll probably eat what's in front of them. So don't be afraid to try something just because you think he won't like it. "A lot of times what I'll do is tell my husband, 'What we're having for dinner is a really great pasta dish,'" Rice says. "It just doesn't happen to have any meat in it."

## Nutrition

### The Rainbow Plate approach

Force-feeding kids a diet of facts and figures about the nutrients in fruits and vegetables and why they're good for us is no way to create a generation of healthy eaters.

It's far more important and effective to encourage kids to make nutritious food choices because they want to, says Janet Nezon, a Toronto-area food educator.

The concept Nezon developed and the name of the company she started three years ago is Rainbow Plate. "The reality is that if you are eating a vibrant mix of colours, you're covered (nutritionally)," she says. "So the simplest concept is to take your plate and create a rainbow plate."

The first step — in Nezon's program and for parents at home — is simply exposing kids to the wide range of produce available and engaging their interest.

The second key is that there should be no pressure on a child to try something new, Nezon says.

"You can't push vegetables on kids. You have to make food appealing and make it visually interesting ... but you don't make a big deal if they do or don't."

THE CANADIAN PRESS



Alphabet noodles in homemade tomato vegetable soup will distract kids from the veggies.

THE CANADIAN PRESS

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Weeknights at 6 Kat counts down the HOTTEST songs of the day

**TOP SIX @ 6**

- 6 Nick Jonas Chains
- 5 Tove Lo Talking Body
- 4 Taylor Swift Style
- 3 Rihanna ft Kanye West & Paul McCartney FourFiveSeconds
- 2 Shawn Mendes Something Big
- 1 Ed Sheeran Thinking Out Loud

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# Pair green beer with twist on Irish fave

**Dinner.** St. Patrick's Day is your lucky day — with an easily assembled Magic Shepherd's Pie



**NUTRI-BITES**  
Theresa Albert  
DHN, RNCPT  
myfriendinfood.com

What comes to mind when you think of St. Patrick's Day? Green Beer? Shamrocks? Lucky charms?

The Irish celebrate this saint for his role in bringing Christianity to Ireland. One of the key elements of the celebration is the lifting of Lenten restrictions, just for one day.

Awww, come on! You can't expect a promise of abstinence to last for six whole weeks, can you? No wonder this day of green wearing and binge drinking has been embraced so much.

Traditional Irish dishes include Shepherd's Pie, Boiled Dinner with corned beef and cabbage, and Colcannon, consisting of mashed potatoes and cabbage. There are as many variations of these recipes as there are cooks but most are basic and use the affordable staples available in Ireland.

Potatoes are popular because they are plentiful, corned beef and cabbage can be stored during long periods of time or harsh

## Ingredients

- 4-6 slices phyllo pastry
- Extra virgin olive oil
- 1 1/2 lbs ground lamb
- 2 leeks, sliced
- 1 tbsp butter
- 1 white potato, diced small
- 1 tsp dried rosemary
- 1 tsp garlic powder
- 2 tbsp flour
- 1 1/2 cups dark beer
- Salt and white pepper
- 1 carrot

weather and Shepherd's Pie can be made from practically any minced meat.

Irish meals are no longer boiled and boring, but historically, Irish culinary creations leaned toward a soft, bland outcome. Spices tended to include, um, salt and pepper.

Thyme, parsley, rosemary, and sage are typical as are leeks, onions and garlic.

Whatever you make, pair it with green beer. It is a rite of passage, and as they say, "Everyone is Irish on St. Paddy's Day."

## Magic Shepherd's Pie

This pie is magic because, unlike traditional recipes, it comes together in less than 30 minutes —no layering of mashed potatoes or pastry required. It is simply a one-pot meal made with ground lamb while phyllo pastry puffs bake in the oven to become a very pretty topping.

1. Turn oven on to 400 F.



This recipe serves four. THERESA ALBERT

2. Oil a baking sheet and take one sheet of phyllo into your oiled hands. Rub both sides of the sheet with oil and scrunch into a loose ball. Place onto baking sheet and continue with remaining sheets. Drizzle an additional tablespoon of oil over all pastries before baking. Bake for 10 or so minutes just until browned.

3. Meanwhile, brown ground lamb in a large pot over medium-high heat and then empty to drain fat through a strainer. Set aside. Clean and slice leeks and add to the same pot with butter over medium heat, stir to soften. Add

diced potato and stir for a couple minutes. Add rosemary and garlic powder, stir for one minute. Pour beer into a bowl and stir flour in to dissolve then add to pot and stir to thicken. Return meat to pot, salt and pepper.

4. Peel carrot into ribbons, directly into the pot.

5. Cover and simmer for 10-15 minutes to cook potatoes through. Empty into a pie plate or casserole dish and top with baked phyllo.

THERESA ALBERT IS A FOOD COMMUNICATIONS SPECIALIST AND TORONTO PERSONAL NUTRITIONIST. SHE IS @THERESAALBERT ON TWITTER AND FOUND DAILY AT MYFRIENDINFOOD.COM

## Restaurants. NYC bids adieu to Mad Men with liquid lunch special

New York is saying goodbye to hit U.S. television drama Mad Men in a manner that would make its '60s protagonist Don Draper proud: with a boozy lunch promotion.

As the series approaches its final seven episodes, fans will be able to purchase two drinks for an iconic price of \$19.69, across a handful of New York restaurants.

Since it debuted on AMC cable television in 2007, tens of millions worldwide have become devoted followers of the fortunes of the tortured New York advertising executive, often portrayed with drink in hand, and his colleagues.

Those wishing to commemorate the show's final



Thirty-four New York restaurants are partaking in Mad Men Dining Week. AMC/LIONSGATE

episodes will be able to order two lunch cocktails or choose from a two-course, prix-fixe menu at 34 restaurants during Mad Men Dining Week.

The final season begins

airing on April 5.

The lunch deal is a send-up of New York's traditional Restaurant Week that features dining promotions.

"We thought this was a fantastic opportunity to say farewell to a fantastic TV show," Avery Fletcher, director of sales and marketing for the restaurant 21 Club, told the New York Times.

"The characters would have been right at home here."

Like 21 Club, many of the participating restaurants are 1960s mainstays, and all will serve era-appropriate food and drink during the promotion, which lasts from March 23-29.

AFP

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Lightning goalie Ben Bishop makes a save on the Canadiens' Alex Galchenyuk in the first period on Monday night in Tampa, Fla. MIKE CARLSON/THE ASSOCIATED PRESS

# Stamkos powers Lightning past Habs

**NHL.** Tampa Bay's dominance of rival Montreal continues

Steven Stamkos had two goals and added an assist and the Tampa Bay Lightning beat the Montreal Canadiens 4-2 Monday night in a matchup of the Atlantic Division's top teams.

Both have 93 points, but Montreal has played one game less.

On Monday

4

Lightning

2

Canadiens

Valtteri Filppula and Victor Hedman also scored for the Lightning, who have outscored Montreal 16-5 in winning all four games between the teams

this season.

Montreal, which lost for the sixth time in eight games (2-4-2), got goals from Tomas Plekanec and Pierre-Alexandre Parenteau.

Stamkos secured the win with his 39th goal, an empty-net power-play goal with 1:05 to play.

Filppula opened the scoring during a power play at 10:07 of the first when his right circle shot was redirected by a sliding Montreal defenceman Andrei Markov past Carey Price.

Max Pacioretty made an ill-advised pass from neutral ice back into the Canadiens zone that Stamkos stole and made it 2-0 from the right circle with 4:02 left in the first.

Hedman put the Lightning up 3-0 after skating alone down the slot 2:45 into the second.

Plekanec tied Larry Robinson for 23rd place on the Montreal goals list with 197 after a power-play tally at 11:10 of the second.

THE ASSOCIATED PRESS

GM meeting

## Goalie interference, diving up for debate

Crease presence, goaltender interference and embellishment were some of the things discussed on Day One of the NHL general managers meeting.

They're hardly the sexiest issues in hockey.

"These things seem (picky) until you get into Game 6 or 7 of the playoffs," director of hockey operations Colin Campbell said.

"They're not (picky) any more; they're important. So it's relevant that we take care of these things that might sound minor to you guys right now, but they're major elements come the playoffs."

On Tuesday, the group will discuss the hottest topic of three-on-three overtime, plus expanded video review on goalie interference and other plays.

THE CANADIAN PRESS

NBA

## LeBron thumped in return to Miami

Dwyane Wade scored 21 of his 32 points in the first half, Goran Dragic added 20 and the Miami Heat handed LeBron James another loss on his former home floor with a 106-92 win over the Cleveland Cavaliers on Monday night.

Hassan Whiteside had 16 points and 11 rebounds and Mario Chalmers finished with 16 points off the bench for the Heat, who won both of James' regular-season trips to Miami this season — his first two games back since leaving the team last summer.

THE ASSOCIATED PRESS

# Crosby criticism 'total nitpicking,' says Pens GM



Sidney Crosby sits second in NHL scoring with 71 points, but is well off last season's pace when he finished with 104. JUSTIN K. ALLER/GETTY IMAGES

Pittsburgh Penguins general manager Jim Rutherford doesn't buy the recent criticism of captain Sidney Crosby, who's second in the NHL in points.

"It's total nitpicking because there's nothing wrong with him," Rutherford said Monday at the general managers meeting. "His play, to me, has been as good as it's ever been."

Crosby leads the Penguins with 71 points (23 goals, 48 assists).

A season after winning the Hart Trophy as the league's MVP and Art Ross Trophy with

Disappointed in Sid?

1

Sidney Crosby is just one point back of the New York Islanders' John Tavares' 72 for the NHL lead despite Crosby having played seven fewer games.

the most points (104), Crosby's goals and points per game are down from his career average. He's still at 1.11 points a game.

Crosby said last week that he was healthy and wouldn't change anything about his

game. From Rutherford's perspective, Crosby has already changed, but in a good way, by getting more accustomed to playing to coach Mike Johnston's style.

"From an overall team point of view, and what's needed to be done to be successful, he's made that adjustment and done it very well," Rutherford said. "It's coming back into your own end, playing both ends of the rink. No cheating. Playing the game the way it should be played. And he's bought into that." THE ASSOCIATED PRESS



# A little sneeze never hurt anyone...

Toronto Blue Jays outfielder Kevin Pillar suffered a “freak” mishap Sunday, injuring his ribs while sneezing. Here’s a selection of memorable freak injuries in sports lore:

TORSTAR NEWS SERVICE

Photos by Getty Images



## Kendrys Morales

**INJURY:** Broke ankle during walk-off celebrations, May 29, 2010  
**GAMES MISSED:** Rest of the 2010 season and all of 2011 as well  
**IN SHORT:** Morales stroked a walk-off grand slam for the Angels but it all went wrong when he leapt into a crowd of teammates waiting at home plate.

## Dustin Penner

**INJURY:** Back spasms while eating pancakes, Jan. 9, 2012  
**GAMES MISSED:** One  
**IN SHORT:** Penner leaned to dig into a stack of pancakes when the L.A. Kings forward felt his back “squeeze” inwards. He said he felt something from an earlier sneeze. He was a good sport about it and later cooked pancakes for a charity.



## Enner Valencia

**INJURY:** Cut his big toe stepping on a tea cup, last week  
**GAMES MISSED:** One  
**IN SHORT:** The West Ham United striker went to hospital for stitches for a bad cut on his toe after stepping on what was said to be pieces of a broken tea cup.

## John Smoltz

**INJURY:** Burned chest while ironing, July 1990  
**GAMES MISSED:** None  
**IN SHORT:** Smoltz spent over a decade refuting a report he ironed himself while wearing a damp shirt because he was in a hurry. Eight years later, he said he had a steamer to iron out wrinkles, but he left it for a moment, and when he came back, it blew up and the hot water burned him.

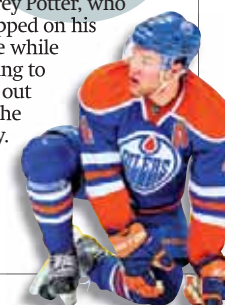


## Chris Coghlan

**INJURY:** Torn meniscus during pie-throwing, July 27, 2010  
**GAMES MISSED:** Eight weeks  
**IN SHORT:** A fave prank among MLB players, this one saw Coghlan blow out his knee as he thrust a shaving-cream pie into the kisser of Marlins teammate Wes Helms.

## Taylor Hall

**INJURY:** Gash to the face during pre-game warmup, Jan. 16, 2012  
**GAMES MISSED:** One  
**IN SHORT:** Hall slipped on a puck before a game, slid into the corner and right into the skate of teammate Corey Potter, who stepped on his face while trying to get out of the way.



## MLB. Mets lose Wheeler to torn elbow ligament

Mets pitcher Zack Wheeler has a torn elbow ligament, a blow to a team hoping to compete for the playoffs following Matt Harvey’s return from Tommy John surgery.

Mets general manager Sandy Alderson said Wheeler has a complete tear, all but guaranteeing the 24-year-old right-hander will need elbow-replacement surgery and miss the 2015 season.

“I feel terrible for Zack, especially the way he finished last year,” Mets manager



Zack Wheeler GETTY IMAGES

Terry Collins said. “For this to happen at this time, I’m sure he’s really down about it. But we’re going to have to move on.” **THE ASSOCIATED PRESS**

## Curling. Canada moves into tie for first at worlds

Canada’s Jennifer Jones earned two victories Monday to move into a first-place tie at the women’s world curling championship in Sapporo, Japan.

The Winnipeg skip topped China’s Sijia Liu 7-1 in the morning draw and then held off Russia’s Anna Sidorova 7-5.

“I was happy with how we played — we finally had two games back to back where we played well and made some big shots and some big

### Canada’s world drought

A Canadian team hasn’t won gold at this event since Jones did so in 2008.

draws,” Jones said. “It was a big win so we’re happy.”

Jones and her team of third Kaitlyn Lawes, second Jill Officer and lead Dawn McEwen were tied with Russia, Japan and Switzerland at 4-1.

**THE CANADIAN PRESS**

## Premier League. Lucky goal spurs Reds to victory

Jordan Henderson scored a fortunate second-half winner as Liverpool beat Swansea 1-0 in the Premier League on Monday to keep the pressure on the top four in the race for Champions League qualification.

A covering clearance from Swansea defender Jordi Amat hit the right shin of Henderson on the edge of the penalty area, skimmed off the wet turf and looped over stranded goalkeeper Lukasz Fabianski into the net.

### Race for the top four

	W-D-L	Pts
Chelsea	19-7-2	64
Manchester City	17-7-5	58
Arsenal	17-6-6	57
Man United	16-8-5	56
Liverpool	16-6-7	54

Liverpool’s fifth straight win kept the team unbeaten in the league since December — a run of 13 games.

**THE ASSOCIATED PRESS**

# We need to talk.

**RICK HOWE** 9am-1pm

**SHELDON MacLEOD** 2pm-6pm

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## AUGMENTED REALITY

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## Horoscopes by Sally Brompton

### Aries

March 21 - April 20

If there is something you need to get finished, get on with it. When the Sun moves into your sign Friday there will be so many new things to focus on you won't have time.

### Taurus

April 21 - May 21

Don't get annoyed if people get on your nerves. The problem is you, and the closer you get to Friday's eclipse the more sensitive you will be.

### Gemini

May 22 - June 21

You usually manage to get what you want. The only problem is you may be so heavy-handed that even your friends will get annoyed. Think before you speak or act.

### Cancer

June 22 - July 23

You will have no trouble asserting yourself but with Venus, planet of harmony, moving into the friendship area of your chart why not charm your way to success?

### Leo

July 24 - Aug. 23

Do something dynamic over the next 24 hours. This is also a good time to take a vacation — so long as it's the kind where you are active.

### Virgo

Aug. 24 - Sept. 23

You will find it easier to talk to colleagues without some kind of fight breaking out now Venus is moving into a more positive area of your chart.

### Libra

Sept. 24 - Oct. 23

How you react to people will determine how well you do financially and career-wise over the next few months. Go out of your way to find solutions to existing problems.

### Scorpio

Oct. 24 - Nov. 22

Something you have been working on is no longer worth the effort, so let it go. Later this week a change of pace will be necessary. Slow down!

### Sagittarius

Nov. 23 - Dec. 21

Start something new today. When the Sun changes signs at the end of the week you will find it suddenly takes off — and your reputation will take off with it.

### Capricorn

Dec. 22 - Jan. 20

If someone says something that annoys you today you must let them know you are not amused. Nip it in the bud.

### Aquarius

Jan. 21 - Feb. 19

You have been unusually quiet of late but when the Sun changes signs on the 20th you will find your voice again.

### Pisces

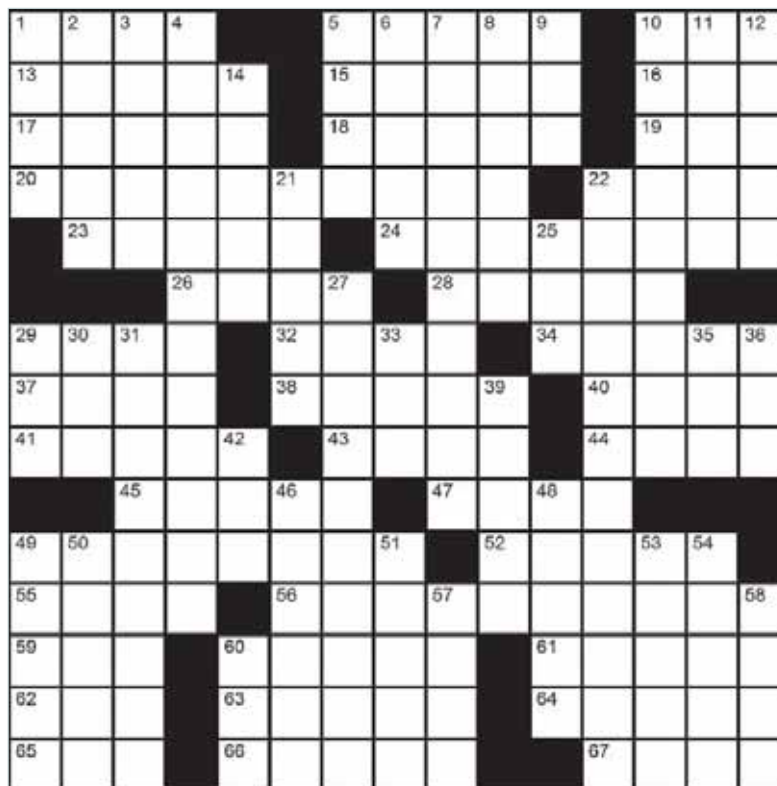
Feb. 20 - March 20

Put financial considerations first today, especially if you are the kind of Pisces who usually does not have a clue how much is coming in and how much is going out. Cut back on now or suffer later on.

## Crossword: Canada Across and Down by Kelly Ann Buchanan

### Across

1. Clutch
5. Style of dance
10. Peak of Crete, Mount \_\_\_\_
13. Soap star Ms. Sofer's
15. It's the 'Fountain' of 'Three Coins in the Fountain' (1954)
16. Fam. member
17. "Oooh, go jump in \_\_\_\_!"
18. Encourages
19. "Monsters, \_\_\_\_" (2001)
20. Meal preparation item: 2 wds.
22. Mount of Greece
23. Prefix to 'metre'
24. Manitoba community northwest of Winnipeg
26. Audacity
28. Respond
29. Frolic
32. Condition
34. "The \_\_\_\_ Birds" ('80s miniseries)
37. "Bye!"
38. Keanu Reeves movie
40. Countryside creatures
41. Carpenters hit: "For \_\_\_\_ Know"
43. Rock band, \_\_\_\_ Earth
44. Miss White
45. Construe
47. Jazz singing style
49. AABBA pattern, fitting for March 17th
52. Tapestry wall-



- hanging
55. 'Origin' suffix
56. The \_\_\_\_ (Traditional band of Eire)
59. \_\_\_\_ mask (Spa offering)
60. Ms. Rimes
61. Worried

62. Prior
63. Goody-goody
64. Irritating individual
65. '75-premiering NBC show
66. Sub instrument
67. Nastassja Kinski title role

### Down

1. 1. 'Tele' suffix
2. "The Beachcombers" role
3. Have \_\_\_\_ to grind
4. Product by since 1897 Canadian food

- brand Magic: 2 wds.
5. Ticket tidbit
6. Archer's need
7. Dancer's rehearsal wear: 2 wds.
8. Slender
9. Three-toed sloths
10. New Brunswick

- community, a place perfect for St. Paddy!
11. Crowded
12. Rio Tinto \_\_\_\_ (Montreal-based aluminum company)
14. Austrian actress Ms. Berger
21. Golden coatings
22. Theatrical stage area for musicians: 2 wds.
25. Consume
27. 1993 Jennifer Aniston movie with the tagline 'Your luck just ran out.'
29. Elvis record label
30. Well driller's exclamation!
31. GQ Magazine poser: 2 wds.
33. Actor Stephen
35. Speedwagon's lead-in
36. Australian state [acronym]
39. Morning drink selection
42. Eire's locale, for short
46. Roman orator
48. Conductor Mr. Rodzinski
49. Illuminators
50. "Where do \_\_\_\_?" (Direction-needer's query)
51. Sorta
53. Supermarket lane
54. Daggers
57. Power [abbr.]
58. Li'l water channels
60. 33.3 rpm-ers

## Yesterday's Crossword



## Online

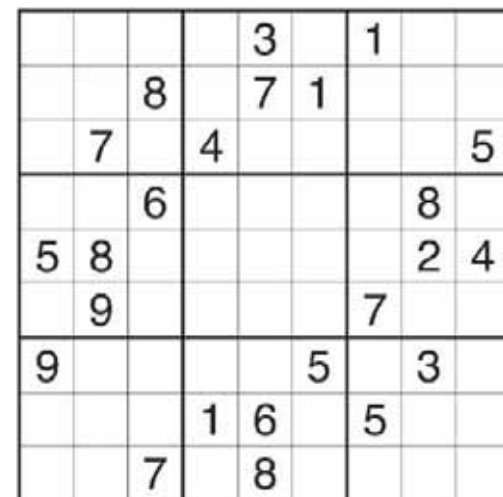
See today's answers at [metronews.ca/answers](http://metronews.ca/answers)

## Conceptis Sudoku by Dave Green

### How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

## Yesterday's Sudoku



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# HAPPY ST. PATRICK'S DAY!

